



divine

[dī-vīn']

adj. 1, Of or pertaining to G-d. 2, Sacred. 3, Extremely or unusually good; surpassing excellence.

v. 1, To discover. 2, To perceive by inspiration, insight or reflection.

Usage. No matter how good you are, **take one step** towards better. **Be** even more respectful, **more thoughtful**, more generous, **more** meticulous about a mitzva. Logic, nature, morality – they only demand so much. Go beyond that. Move out of your comfort zone and you've gone from being human to being **divine**.

BAIS CHANA STUDY RETREAT for JEWISH WOMEN

May 3-7, 2009 Discover the Divine in the **Berkshire Mtns, CT**

at The Isabella Freedman Jewish Retreat Center

Runs Sunday to Thursday - attend **any or all** days. Register by April 3, 2009 for a **10%** discount.

Join these gifted and acclaimed educators

- RABBI MANIS FRIEDMAN
 - Sarah Raskin • Miriam Lipskier • Sara Karmely • Bracha Meshchaninov
- and remarkable Jewish women from around the world.

Explore Jewish thinking, texts and traditions and Discover the Divine during this remarkable retreat. Attend all or part of a full schedule of classes and workshops, go hiking or boating or just relax by the lake surrounded by the spectacular beauty of the Berkshire Mountains.

On the Agenda: Time to Heal: Tap into the Divine healing energy in the month of Iyar • Earth, Fire, Water, Air: Your personality according to Kabbala • The Genesis Of It All: Self-awareness, desire, the male/female dynamic and more • Happiness Is A Serious Problem: The Chassidic Approach to Joy • Challa Workshop: Spiritual nourishment for the world-weary • Woman of Valor – who me? • Communication, Meditation & Prayer • The Jewish Soul and Psyche • Still Waters Run Deep: Enhancing intimacy in marriage • Women, Wisdom, Wells & Water • At Work In The World: Mystical insights into weekday work & Shabbat rest • Practical guide to Shabbat observance, weekday prayers, kashrut and more.

For women of all ages and backgrounds. No prerequisites other than an adventurous mind and an adventurous spirit. Find out about location, accommodations, schedule of classes, childcare, all-inclusive rates, early registration discounts, payment plans, travel, cost for local residents to attend classes, meals and more.

Next up in 2009

Women

May 3-7, Berkshires CT
May 14-24, Israel
July 1-19, Twin Cities, MN
Sept 09, Panama

Couples

Sept 09 Panama

Teen Girls

March 19-22, Running Springs, CA
July 27-Aug 19, Ontario, WI
Nov 27-29, Morristown, NJ

Live Online March 22

Sign up to participate in the next live Bais Chana class online, no strings attached – you can comment, ask questions or just listen in.

March 22, 09 6 PM PST, 9 PM EST
Q&As on Parenting with Rabbi Manis Friedman

Email to live@baischana.org to submit your questions and find out how to login.

800.473.4801

718.604.0088 (outside the US & Canada)

info@baischana.org

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